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The Three Amigos



photo by Steve Houlton

A threesome strolling in front of the Arts and Science Building last week enjoyed the view of the campus as well as the shorts-and-T-shirt weather.

KBUL In the Final Stretch

by Jim Rejda

The proposed student-run radio station, KBUL, is now in its final stage of approval, thanks to a group of 15 UNO students who collected over 1,100 signatures in a petition

KBUL President, UNO student Joe Hammon, said the new station has the full support of KVNO, UNO's classical music station and the Department of Communication. KBUL is expected to be on the air by Aug. 25.

According to Hammon, KBUL's top 40 format will include a wide variety of music including disco, rap, alternative, country and R&B. The station's slogan will be "all music, no bull," said Hammon and the station will play anything students want to hear as long as the content is "clean."

Cleanliness, or lack thereof, was the primary factor involved in the ousting of UNO's last student-run radio station, KBLZ, as reported in a previous Gateway story. KBLZ was not permitted to continue operations in the newly remodeled Milo Bail Student Center after complaints about obscene lyrical content. The Health, Physical Education and Recreation Building also stopped playing KBLZ.

Hammon, a communications major studying broadcast journalism, helped form the group of students who wanted to get student radio back at UNO. "I got to thinking that there aren't that many opportunities for communications majors around here," Hammon said. "Every other accredited university has a student radio station and UNO is

an accredited university, therefore we should have a station to be the voice of the students." Hammon said students should have the opportunity to work at a radio station on campus, rather than having to find internships at other community radio stations.

Hammon said KBUL will not have a lot of talk. "Since we have a captive audience we want to play the music for them. We're going to load it up with a lot of music and take requests. We will also have shows like "Eye On the Mav" and have a lunch hour show which will serve as a forum in which a faculty member or other prominent UNO staff will answer student questions and discuss campus issues so that

see KBUL, page 2

Counseling Services Helps Bring Peace of Mind to Campus

The March 5 rape at UNO increased apprehension and alarm among students according to Cathy Pettid, one of three counselors on staff at the UNO University Division Counseling Services office.

"Certainly the rape heightened anxiety on campus and the counseling service was there to provide support when needed," Pettid said.

At the request of professors,

counselors also visited classrooms in order to answer questions and ease the students' fears. Pettid said she and other counselors told the students that the rape was an "awful and isolated incident that we all wish didn't happen" and reassured them the campus was a safe place. Safety was emphasized and women reminded that, no matter where they were, they needed to practice safety

measures, such as walking in groups, seeking a security escort if needed, and paying attention to their surroundings. Pettid encouraged women to practice personal safety without becoming paranoid.

The counseling office services are not limited to those anxious or frightened. "All the counselors wear

see Counseling, page 5

UNO Students Help Children, Families In Central America

by Ionathan McDonald and Tamra Willett-Johnson

spent ten days in Nicaragua last month in order to examine Third World social, educational and medical systems.

From May 10-20, the group, lead by Ann Coyne, professor of social work, visited a UNO sister school, the National Autonomous University of Nicaragua at Leon (NAU), local orphanages near Nicaragua's capitol Managua and clinics and hospitals in Manauga. The group included two faculty members, four students and a translator. Coyne said, "All of our undergraduates must have experience with other cultures. This gives them the opportunity to be the odd man out-the minority."

At NAU, the group helped students and faculty plan and develop their own school of social work, said Mary Pat Winje, a senior in

A group of UNO social work students UNO's social work program. UNO's social work curriculum and books were brought to the sister school and examined by students and teachers.

The UNO group also did health assessments on orphans, hoping to place them in homes in the United States. Coyne stated she had placed seven such children in the last seven years. Winje said due to the current changes in government, Nicaragua has placed a hold on all pending adoptions for the next six months. "The children are beautiful," said Winje, "even though many have asthma and most have next to nothing, they smile and play." Only once in the trip, according to Winje, did she see any toys or games. "A group of young boys were playing marbles

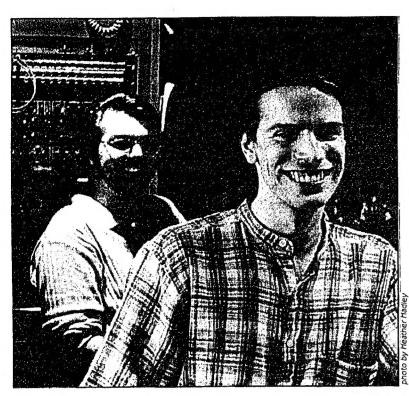
see Students, page 2



photo by Ann Coyne

UNO student Mary Pat Winje, a senior social work major, cradles Karen Lopez, a young orphan in Nicaragua. Winje, other UNO students and faculty assisted a Nicaraguan university in developing their own school of social work.

"River City Folk" Celebrates Sixth Year of Syndication



KVNO production coordinator Steve O'Gorman (foreground) and production assistant Dan O'Dell help produce "River City Folk" at KVNO for national syndication.

by Kyoko Sumi

"River City Folk," Nebraska's only nationally syndicated public radio program, is celebrating its sixth anniversary

UNO's public radio station, KVNO, began the show over 10 years ago as a music program on the local level. KVNO still produces the show today.

The host of the program, Tom May, started spinning the folk music, said Steve O'Gorman, KVNO's production coordinator.

O'Gorman said that when the program began to go national, the program grew by having five new stations a year. It is now heard on 75 stations through-

"You can hear about 'River City Folk' in places like New York City, Chicago, and the San Francisco bay area," O'Gorman said.

Each show features traditional folk music, acoustic music from singer/song writers, blues and contemporary-style folk. May, who is also a singer/song writer chooses the guests, interviews them about their musical influences and focuses on their original songs.

"It's really nice because we mainly focus on the musician. And it's a good thing for the musician because it really provides him or her an exposure," O'Gorman said. "And it's a good thing for the listener too, because the listeners get the idea of where the artist is coming from and what influenced the artist and they can listen to their music."

The show is recorded and edited by O'Gorman at KVNO. In addition to the shows recorded at KVNO, "River City Folk" has taped programs at festivals around the country.

O'Gorman said the format for shows taped at festivals is a little different than the usual show. "We focus more on the music on the show. We don't really do a lot of talk or the interview segment. Maybe it (the interview) will last two or three minutes. The show is really a combination of music and recorded influ-

In KVNO classical 90.7 fm Voice, May expressed his feeling towards "River City Folk" for celebrating its sixth anniversary: "More stations than ever before are carrying "River City Folk," reaching a wider geographical area than we have dreamed possible. "River City Folk" is a mainstay of programming for National Public Radio stations and independent stations alike throughout North America. It fills a vital niche as the only folk based performance program on the public radio satellite.'

O'Gorman said he was amazed at the number of touring acoustic musicians. "There's a whole world of acoustic musicians who travel around the country right now to play their music." He said he never knew that those musicians existed before. "There's a lot of folk music going around these days."

The show is definitely growing, O'Gorman said. The station is receiving more letters from listeners asking for more information about the show or inquiries about the musicians.

"The fans (of the radio show) are traditionally a little older than students, but there's a new generation of singer/song writers coming out and I think those are going to attract more youngers listeners, like college level," O'Gorman said.

KBUL Final Stretch

from page 1

students will get an idea of what is going on."

With the development of the new station, there will be many opportunities for student involvement. Hammon said there will be somewhere between 100 and 150 positions open for students. "We're looking for anybody with personality to disc jockey," Hammon said. "When you're a DJ you need a voice, but basically any UNO student who has a G.P.A. of over 2.0 will be considered. The door is wide open. There are positions available in all aspects of radio including advertising, promotions and basically the whole radio environment."

'The students that we hire aren't getting paid, but they are paid off in experience," Hammon said. "We're not looking to have it interfere with students schedules." He also said talks are continuing with the Department of Communication about internships for the available positions.

Hammon wants the student body and UNO staff to know the station is serious. "You can expect the unexpected," Hammon said. "We are not going to be run like KBLZ, so I would hope that people are open minded about it and give us a chance and they will see that this is going to be good for UNO. I hope to come back as an alumnus and find the station running well so I can say 'Wow, this is UNO student radio!'"

Hammon said the station is currently hiring for accounting, human resources, and advertising positions. Anyone who is interested should contact Dr. Chris Allen, associate professor of communication, Hammon at 571-2697 or Pete Soby, vice president/programming director at 345-6084.

Students Help Children from page 1

in the middle of a dirt road," she said.

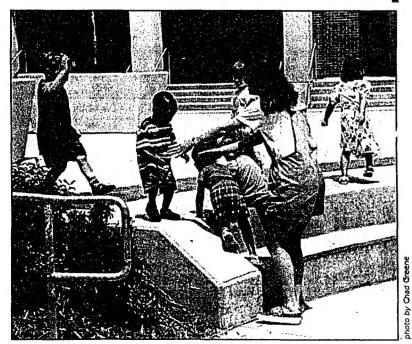
The level of poverty, according to trip participants, was the most striking aspect of the culture. The per capita income in Nicaragua is \$1,570 making it the second poorest country in the northern hemisphere ahead only of Haiti, Winje said. "Poverty is avoidable in the Bahamas or Cancun, but you can't hide it in Nicaragua. It is every-

Nicaragua's poor impressed Winje. "The spirit of the people was amazing," she said. "They live in cardboard houses and they still get up every morning ready to go."

Winje considered the trip a success. "I was able to see the need for starting a school for social workers and it felt good to be able to help lay the groundwork for it. I also realize how lucky we are in the states. I won't take things like air conditioning, clean streets and parks, and luxuries such as televisions and computers for granted again."

The next trip to Nicaragua for the UNO School of Social Work is scheduled for spring break of 1998.

Their First Field Trip



Dawn Rathe, a senior education major working for UNO Child Care Center, reigns in her charges south of the Milo Bail Student Center.

(402) 554-2470

editor@gateway.unomaha.edu http://www.gateway.unomaha.edu

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Editor
Jonathan E. Pelphrey

News Editor Tamra Willett-Johnson

ssociate Features Editors Kim Gilfillan Stephen Croucher

Entertainment Editor Renee Ryan

Copy Editor Tamara Carlyle

Photo Editor Chad Greene

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Internet Production Editor Tim Burrell

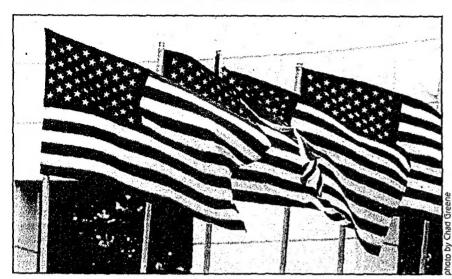
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When to Lower Old Glory A Much-Debated Honor



A cluster of American flags wave in Memorial Park. The height of flags on poles at UNO is being debated by those who think the lowering of flags should be reserved strictly for war heros and high government officials.

by Stephen Croucher

This article contains opinions of the au-

Since civilization began, mankind has been honoring the dead. Countries and peoples all around the world have developed their own special and distinct ways to honor their dead. Americans, like all others, have many different ways of doing this. We write and read obituaries, have funerals and, if a president or former president dies, the government commemorates a new coin. Another tradition concerning the dead is the lowering of the American flag to half-staff.

Normally the American flag is lowered on city, state and federal buildings when a government or military official dies, or if the nation suffers a tragedy like the Oklahoma City bombing in April 1995. Flags are at half-staff from sunrise to sunset. The request to lower the American flag can come from three areas: the national government, state government and the University. The White House requests that the flag be lowered for the death of government officials, some federal holidays and national holidays like National Police Officers Day on May 15 of last year. The state also occasionally requests that flags be lowered to half-staff.

"Governor Ben Nelson asks the State Building Commission to have all flags in the state lowered whenever he or the Unicameral deems it necessary," stated Nancy Castilow, manager of community relations and special projects at UNO.

Universities have their own policies concerning the lowering of the American flag. The UNO policy for flag lowering is very clear in defining when to lower flags. "The University's flags will be lowered to commemorate the passing of the following individuals: Active and retired UNO faculty and staff members, currently enrolled UNO students, past and present members of the University of Nebraska Board of Regents, leaders elsewhere in the University of Nebraska System and government officials as directed."

All policies, university, local, state and federal are open to interpretation. Interpretations of when to lower the flag have expanded as more private citizens are honored by the lowering of the flag across cities, states and the nation. The expanded interpretations of when to lower the flag have led to contro-

versy. There are two sides to this argument. One group believes that flag lowering should be a very restrictive gesture of respect. Under this interpretation, lowering the flag should only occur when a government official, like a president, senator, or a member of the military dies. These people support Nebraska's decision to lower the flags in the state after the death of former President Richard Nixon and State Sen. Jerome Warner. They do not support the lowering of the flags in honor of former Nebraska Comhusker football coach, Bob Devaney. This group believes these individuals are important, and lowering the state flag in their honor is appropriate, but not the American flag.

The other side of this argument believes that lowering flags is proper for government and military personnel along with those who have made a significant contribution to the city, state, or nation. They gave full support to lowering the flag when Brook Berringer and Bob Devaney died.

So who's interpretations and policies are correct? Who deserves to have the American flag lowered to half-staff in their honor?

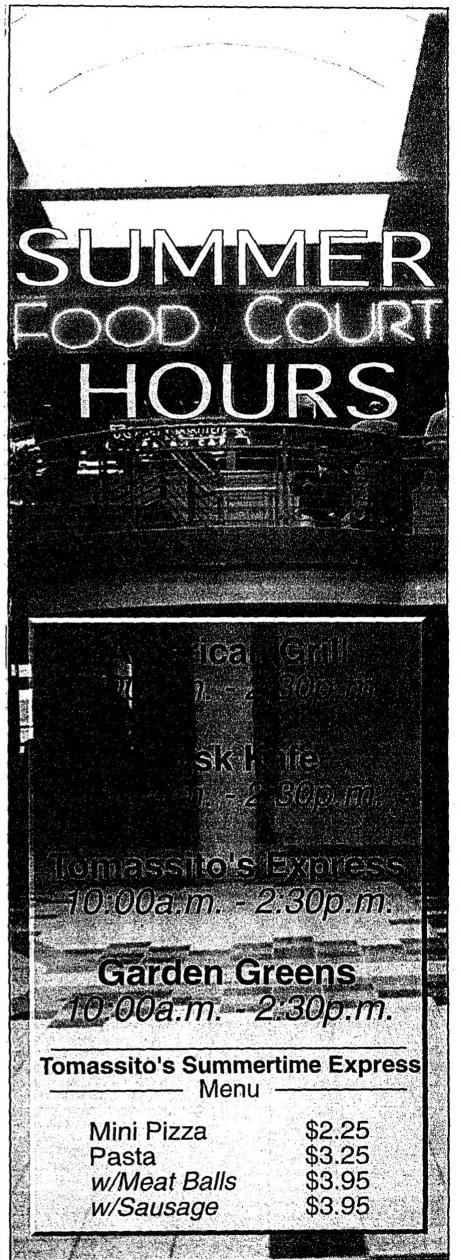
Arlene Williams, secretary of Omaha's Project Achieve, a nationally supported program for first generation college students, replied, "I do not believe lowering the flag to half-staff should be restrictive. It's the American flag. People who are not government or military officials contributed just as much to this nation as government or military officials have."

Niki Brunton a freshman pre-med major agreed with Ms. Williams, "Someone who has made a great impact or a substantial influence on the city, state or country deserves to have the American flag lowered in their honor."

Julie Powell from the UNO Information Center disagreed. "I think lowering the American flag is only proper for government and military personnel. It is okay to lower state flags for people who have made a contribution to the state. like Bob Devaney."

On the UNO campus people have different opinions on this topic. Most of these opinions are very different from one another. It appears that the issue of flag lowering will remain a topic open to numerous interpretations long into the future.

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Opinion Opinion

War on the poor?

Times have changed quite a bit since President Lyndon Johnson declared a "war on poverty." Back then people figured poverty was something we, as a society, could likely eliminate if we just threw enough money at it.

Not only that, but it was the government's job to throw the money where it needed to be thrown.

No more. Last year's welfare reform legislation showed how far we've come since those days, and indeed, we've come a long way. But in what direction?

Peter Edelman, who resigned as assistant secretary at the Department of Health and Human Services in 1996 after President Clinton signed the



welfare reform bill, thinks we're in danger of going too far in the wrong direction. "This is not welfare reform," he said in an interview published in Sojourners magazine, "It doesn't promote work in a constructive and effective

way, and it doesn't protect children. This bill was a very, very serious step in the wrong direction."

There is a danger that our "war on poverty" might have become a "war on the poor."

But isn't Edelman over-reacting just a little? After all, the reform will put care for the poor back into the hands of private citizens and organizations where it belongs. The new legislation will get government out of the way and allow people to care for the poor more directly. Maybe.

The recent actions of the Sacramento City Council indicate that local governments may be neither "out of the way" nor willing to allow people to care for the poor as they wish.

In January, according to a recent article in the conservative evangelical magazine *Christianity Today*, the city council voted 6 to 2 to file a suit against Loaves & Fishes, a non-profit organization that feeds the hungry and shelters the indigent poor.

Tension began, according to the article, when Loaves & Fishes converted a former auto storage yard into a park without approval in 1995. The suit also contends that the ministry's Sunday feeding program, a youth center for runaways, a school for homeless children, and a mental health clinic are public health nuisances because the ministry failed to get zoning approval before expanding them.

It seems odd (even sad) that the city is trying to deter a ministry that accepts no government funds at a time when government agencies are reducing welfare services.

Edelman says because we now lack a national standard (as a result of the reform), this kind of behavior on the part of local governments may become more common. "A state can either have a reform program or it can give people a ticket on the next bus out of town. They're equally free to do either thing," he said.

Whether or not private citizens, organizations, and churches will be able to offset the \$50 billion dollars in cuts over the next five years remains to be seen. But if cities and other local governments become obstacles instead of facilitators, the poor will be in for about \$50 billion dollars-worth of suffering.

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Direct communications to: Gateway, UNO, South 60 and Dodge Streets, Omaha NE 68162.

Email: editor@gateway.momaha.edu

47. ·



Rules seem flexible for NOW

I find it interesting that two grossly dissimilar codes of conduct could have anything in common, but there it is for all to see.

The Uniform Code of Military Justice and the Ten Commandments - the latter a brief set of rules which states "thou shalt not kill" and the former a lengthy codification of dos and don'ts which describes the many and varied ways to end a person's life - are in lock step on the issue of adultery.

"Thou shalt not...," both sets of rules say on the subject.

You would think, then, that where Christianity and the U.S. military agree, so would most others. But not



the National Organization of Women, they seem to be 100 percent for adultery. That is, of course, except in the cases where they are against it.

When Lt. Kelly Flinn was drummed out of the Air Force for her peccadillo with an enlisted airman's (woman's, actually) husband, NOW stood up for the right of their sister (the higher ranking one) to bed any man she saw fit. The military's regulations, NOW complained, are archaic and out of touch with the liberated '90s.

In an attempt to explain itself, the military officially gave Flinn her general discharge for disobeying orders (the order to leave that husband alone) and lying to her superiors.

NOW, of course, is against the military law in this instance and would prefer to line up on the side of adultery.

This brings us to Gen. Joseph Ralston.

Sixteen years ago Ralston, who is rumored to be up for promotion to chairman of the Joint Chiefs, was involved in his own adulterous affair. No other charges have been made against Ralston, but the adultery should be enough to prohibit his advancement.

If you break the rules and get caught then you should get phinished. Flinn got her discharge. Raiston, while not getting booted out of the military, is getting a far worse punishment.

We could argue all day on whether each was punished enough for their disregard of the rules, but the

fact remains that both Flinn and Ralston, in his or her own way, were punished for adultery.

Naturally, in this case, NOW is four-square against adulterers in the military. Ralston, they claim, is getting off easy. His punishment - not being promoted - is light in comparison and just another example of the military's tendency to look the other way for men while trying to hold back women. The group's screams of "inconsistency" are enough to jam a radar.

But NOW has little room to talk. Aside from their belief that adultery is okay only from the woman's point of view (how many does it take to tango, again?), they also have a bit of schizophrenia on the subject of sexual harassment.

When Clarence Thomas was being confirmed by the Senate for the Supreme Court, he became public enemy number one to NOW because of charges by Anita Hill that the he had made unwanted advances toward her.

But when Paula Jones made similar claims against Bill Clinton, the women's group treated her like a lying hussy rather than a victim of harassment.

And therein lies the NOW litmus test. When a person who advances their agenda is up against the rules, such as Flinn and Clinton, then the rules were made to be broken. But when someone who is not a ready ally is up against the rules, such as Ralston and Thomas, then they are immediately condemned in the media by NOW.

The odd thing here is that NOW is missing two obvious grabs at credibility.

In the Flinn case, the group could have come down as the protector of Gayla Zigo, the airman with whose husband Flinn cavorted. Zigo, like many women that NOW supposedly protects, was just an innocent bystander having her life ruined by a superior against whom she could not make waves.

In the case of Jones, NOW missed an even bolder stance. Here is the case of a man using his power to try to gain sexual favors from a woman. Here is a woman who has been called names in an attempt to make that man's actions seem acceptable. (It's okay to harass her, she's the town hussy.)

But NOW joined in the self-righteous stoning of Jones because Clinton is their fair-haired boy. And, no matter what happens with Ralston, they will scream to their dying breath that Flinn was railroaded out of the military. Well, perhaps, but let us remember that Flinn broke regulations in an organization that is justifiably rules oriented.

NOW, on the other hand, seems to have just one rule. As long as you are one of ours, just do it.

Ryan, Broderick Stalk Ex-Lovers In "Addicted"

review by Joel Stevens

There is a scene near the end of "Addicted To Love" where Matthew Broderick, playing the scorned lover, sits on an airplane as an episode of Lassie plays on the inflight projector. As a metaphor, it is the ultimate pop culture image. It's as if Lassie is speaking directly to Broderick in a language only they understand. This small scene captures the whole idea of this surprisingly well done romantic comedy.

Broderick plays Sam, a content, small town astronomer who is dumped by his seemingly down to earth girlfriend after she travels to New York City. Sam receives a dear John letter and loses all contact with Linda, played by Kelly Preston. He is consumed by heartache and he chases her down in New York City. She has taken up with a pretentious French chef named Anton (Tcheky Karyo). That is the sitcom-like premise of "Addicted to Love".

Sam, in his irrational state, takes up residence across the street from Linda and her new lover. He lives in a condemned building so he can watch her relationship, monitor its breakup, and get Linda back.

This is only slightly different from the hope of Maggie, played by a very butch looking Meg Ryan. She has her own revenge plans for Anton, who happens to be her philandering former lover.

Maggie is bullish and mean spirited while Sam is systematic and sensitive in his heartbreak. (He keeps flowcharts of Linda's smiles, kisses and activities). They are exact opposites, with one similarity each has a former lover involved with the other's former lover. So,

they hatch a sinister plan to watch and prey upon the new couple to break them up. They bug their lovers' apartment, watch their activities with a modified telescope and follow them around. Their schemes include planting women's underpants under the couch cushion, charging gifts on Anton's credit card and paying a trained monkey to put lipstick on Anton's collar (a sure sign of an affair). They don't want to get on with their lives as much as they want to get even.

The tried and true conventions of the romantic comedy are present here. Of course, you realize early on that Sam and Maggie will probably get involved. As expected Linda will leave Anton for all the wrong reasons and Linda will want Sam again. Maggie will watch from the sidelines still too bitter to admit she may be in love with Sam.

"Addicted to Love" is a somewhat famous script in Hollywood not because it is brilliant. It is famous because it languished on a shelf for 15 years in "development hell" before being produced. Actor Griffin Dunne is the actor who finally directed the film. This was Dunne's feature directorial debut after 20 years as a character actor. He seems to have found a nice niche for his talents behind the camera with his sleek smash cut directing/editing style.

"Addicted to Love is not a perfect film. It still has the sappy problem all romantic comedies have trying to be too cute. But, "Addicted to Love" is a funny film with an odd premise and an interesting use of Lassie as a romantic metaphor.

Counseling Services Brings Peace to UNO from page 1



Marlena Laney, a graduate assistant in counseling helps a client sort out personal issues. Counseling Services uses a variety of approaches to help interested clients relax and take control of their lives.

three hats," Pettid said. "We do personal counseling, we do a class called the University Seminar, and we also do career counseling and academic advising. There are a number of reasons why a student might be waiting in the waiting room. It might not be for personal counseling and so there's immediate anonymity that way."

Pettid said the counselors work with clients on a variety of life situations including couple's counseling, personal growth issues, stress management and sudden grief issues. During the first session, an intake sheet is filled out by the client. This tool helps the counselor evaluate the situation and decide if the center can help. Pettid said, "If we cannot provide the services and assistance that students need, we find them an immediate referral." Since there are no psychiatrists on staff, a person requiring medical intervention, such as

for an eating disorder or chronic depression, are also referred to a community resource.

Many times a student can not quite put their finger on the problem, she said. They just know something doesn't feel right. "Usually it takes some time to figure out what's going on," Pettid said, "why you're feeling uncomfortable and what's happening in your life right now you'd like to change."

Many students need help dealing with stress. To help stressed out clients, Pettid uses a holistic approach which includes relaxation techniques, diet and exercise. In such cases, she will sometimes refer the client to seek further aid at Health Services and the Health, Physical Education and Recreation Building. "That's the wonderful thing about UNO," Pettid said. "We all work collaboratively and there's a nice rapport between the de-

partments. We are all very student-centered, and care about the health and happiness of our students. We work our hardest to make sure they have a good experience here at UNO"

Pettid said counselors provide support, outline options and help brainstorm the situation, but the students arrive at their own conclusions and make their own decisions about which changes to make. "That's what counseling is all about," Pettid said, "really empowering the student."

Counseling Services, located in room 115 of the Eppley Building, provides free service for students, staff and university employees. It is open Monday through Friday, 7:30 a.m. to 4:30 p.m. in the summer and 8 a.m. to 5 p.m. in the fall. Three professional counselors, with a fourth being added July 1, and three graduate assistants offer a variety of confidential services.

Phaneuf Honored for Work On Shakespeare Festival

by Jonathan Pelphrey

UNO professor Cindy Melby Phaneuf, co-founder of the Nebraska Shakespeare festival, was one of eight women honored in May by the YWCA for acheivement in her field, community service, and her work to eliminate discrimination.

Phaneuf co-founded the festival 11 years ago and continues to serve as its artistic director. The free festival of plays, dubbed "Shakespeare on the Green," attracts more than 30,000 people each summer.

Phaneuf has also studied dance and become an active member of Omaha's dance community. Her experience in that area has allowed her to take a leading role in the incorporation of dance into Shakespeare's plays. "There's a lot of dance in Shakespeare," Phaneuf said, "and I love to see movement." She has choreographed scenes in plays like "Hamlet," "Othello," and "A Midsummer Night's Dream."

Shakespeare has served as more than simply entertainment in Omaha, as well. Phaneuf said members of Omaha's Jewish community were concerned when "The Merchant of Venice" was chosen for performance several years ago. "There are some who think it's anti-semitic," she said, "and some who think it should never even be performed."

Phaneuf said she approached members of the Jewish community in an effort to come up with ways to use the play in a positive way. "We conducted seminars in the park to talk about the issues," she said. "The end result was greater communication and understanding among all the parties involved. Plus

we ended up getting really good reviews from the Jewish press."

The festival has been featured in national publications. Phaneuf has studied Shakespeare festivals around the world and contributed 15 essays to "Shakespeare Festivals and Companies: An International Handbook."

"There are 140-something festivals world-wide," she said. For her essays, she visited festivals in the United States, Canada, England, and France.

Phaneuf said she fell in love with the people who do Shakespeare around the world. "People who do Shakespeare all over the world are vibrant, exciting people," she said. She discovered that, in many places, the mission statements of different festivals are the same, but the productions can often turn out to be very different and unique. "These plays are so rich and vital that no one production captures the fullness of the play," she said.

Phaneuf said the Nebraska festival began when Alan Klem, a professor at Creighton University, approached her about starting a festival like one he'd already been involved in. Klem founded a Skakespeare festival in Fort Worth, Texas, and wondered if something like it would be popular in Omaha. "We've been working on it ever since," Phaneuf said.

Co-founders Phaneuf and Klem were co-artistic directors for seven years before Klem decided to focus on other activities, including acting. "He is playing Julius Ceasar for us this

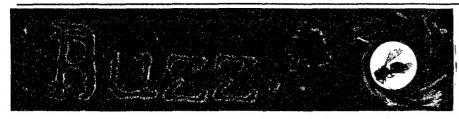


photo by Shawn Sandrik

Cindy Melby Phaneuf was honored by the YWCA for her work as artistic director of the Nebraska Shakespeare Festival.

summer," Phaneuf said,

Phaneuf said she is pleased with the role the festival plays in Omaha. The festival received special attention from the YWCA for its accessibility and diversity. Every year it attracts audiences of all ages and backgrounds. "We're particularly proud that our audiences are getting younger and younger while audiences nation-wide are getting older," she said.



Playhouse's "Oklahoma!" More Than Just OK

review by Renee Ryan

How can a director take a well known musical and make it fresh and new for the audience? One way is to include a good cast with some great actors, good vocal talent, lively dancers and a more-than-able orches-

On May 30, "Oklahoma!" opened at the Omaha Community Playhouse. The musical is very familiar to many people; however, the performance was anything but boring. Susan Baer directed 30 performers in the Richard Rodgers and Oscar Hammerstein production. She said this was her first experience with "Oklahoma!" Baer also said many people would be surprised to know that "Oklahoma!" is based on a lesser known play called "Green Grow the Lilacs," by Lynn Riggs. The original play is peppered with songs so the structure was there. Baer said, "Why wouldn't Richard and Oscar want to use this play as the basis of their musical?"

The plot is a romantic story about the prairies in the early years of this century. The story takes place at a time when farmers were replacing cowboys. "Oklahoma!" tells about two pretty farm girls and their courtships with their cowboy suitors. Each cowboy has a rival for the affection of his intended, and so

unfolds the classic plot.

The characters work their way through various events such as a box social and a wedding. There is a dance with good natured ribbing between the farmers and the cowboys. Some tension is caused by the key antagonist, Jud.

The leading male character is Curly, played by F. Michael Zaller. This role is the typical all American hero, and all around good guy. Curly has his sights on Laurey a long time acquaintance, but she won't admit that she has feelings for him. Zaller does a good job acting, but I was more impressed with his singing voice. He has great projection and good tone.

Laurey is played by Becky Jones. Her character is the typical girl next door, sweet as pic type. Jones does a good job portraying Laurey and her dancing is great. Her voice is also excellent and she has many opportuni-

The role of Ado Annie is a great part. The character is goofy, dingy, a little too friendly, and mostly lovable. Shonda Thurman is excellent in the part. She is a supporting actress, but she nearly steals the show. Her facial expressions and her quirkiness are wonderful.



photo courtesy Omaha Community Playhous

Laurey and Curly (Becky Jones and F. Michael Zaller) fall in love on the wind swept plains in the Omaha Community Playhouse's "Oklahoma!"

She has a good voice and really has fun with the song "I Cain't Say No!"

Another important character is Jud, the villain. Jud has a strong attraction to the leading female, Laurey. Unfortunately for him (and everyone else) she does not share his feelings. The actor is Brian Barratt and he is quite convincing. He does well with the hostile demeanor of the character and also does some nice vocal work. Barratt seems very at ease in the role and it is an important one for the story.

As before mentioned the voices are very good. Almost every singer was excellent, with the exception of those who could have projected more. The dance numbers made the audience clap along and holler. The dancers

were quite impressive, especially in the 'Dream Ballet."

This musical is well done from the technical side of lights and sound to the pit orchestra. Even those who know the story by heart will enjoy the fresh cast and the old familiar

As Baer said, "I am flabbergasted to find I am constantly thrilled, impressed and delighted by the strength, humor and theatrical craftsmanship of this old war horse."

Oklahoma is playing until June 29, Tuesday through Saturday at 7:30 p.m. and on Sundays at 2:00 p.m. and 7:30 p.m. The playhouse offers half price tickets to students available by calling 553-0800.

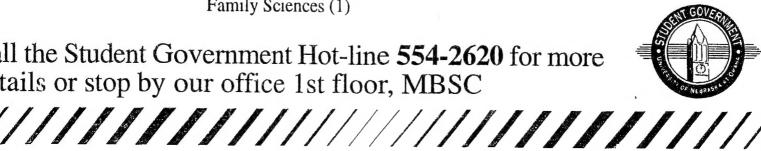
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Underground Reviews the Sounds of "Folk" and "Hamell"

review by Ben Thompson

"Fresh From The Pit" is dead, introducing "Sounds of the Underground," my new feature of bands breaking away from the underground or just beginning. In the first installment of "Sounds of the Underground" I will introduce The Folk Implosion and Hamell On Trial.

Best Alternative Artist?

In the age of MTV, we must sit through countless rap vidcos and "up-and-coming" artists who are heard from once and never again. Then there are the bands like Hanson who make me wonder why my parents didn't shove pop culture down my throat so I could be a huge star before I hit puberty. Hanson is limited in talent by what it takes to be on MTV. All that venue calls for is a decent voice and something to sing along with;

talent is optional. But looking back, I remember a video, it was called "Natural One". The song displayed wild bass and guitar talents and singer Lou Barlow's naturally sympathetic sounding voice. In late April, Barlow released a new album from one of his many projects, the Folk Implosion. "Dare To Be Surprised" lives up to its title.

Anybody who knows anything about Barlow will understand. The former Dinosaur, Jr. member, current Sebadoh leader along with God knows how many other projects, is on a constant search for new music. Without slugging you with a 20 lb, rock, it's easy to see he continues to find it. Doing his music seems to be much like rock music in the '50s and '60s, where an artist or band would release several albums a year. Barlow does this, but in so many different bands, and each record seems to be one of his best.

"Dare To Be Surprised" is a lullaby for the drug induced neo-hippie generation of the '90s, yet it doesn't stop there. Each song is different and opens new doors to new worlds rarely seen in alternative music anymore. "Insinuation" is practically the sequel to "Natural One" and "Barricade" is that song you picture as a car scene in a drama movie.

The album constantly changes direction, but so subtlety that you don't even realize it. Joined by guitarist John Davis, the duo is able to master even the pop-ditty you can see on

MTV. Every song is one you want to know and can't wait to

Lou Barlow is one of the few alternative artists that can honestly be considered one of the best. His ideas are genuine, and he is constantly working. He knows his instrument(s) and he knows sound, but most importantly he knows what sounds good.

Musical Trial of the Century

Ed Hamell recently released "The Chord Is More Powerful Than The Sword" as Hamell On Trial. It's a low-impact, high-energy trip through guitar-laden grass-

Hamell, whose singing sounds kind of like a cross between Frank Black and Pat Smear, relies heavily on his guitar. Throwing little hooks and quiet riffs in between his hammering of the chords has left no doubt in my mind he knew what he was talking about when he came up with the title to the album.

The songs themselves are a bit like Dave Matthews thrown in with some

Cracker surroundings. Hamell has been compared to the Clash (by both himself and the New York Press), but it is hard to see, until he starts pounding on the guitar strings as on "The

Hamell should hardly be considered for anything more than a second listen, but he does tend to fill that void left in your head after hearing the new Duran Duran single.

"The Chord" is a good album, but it's hard to imagine it would make any body's top 10 for the year, except his mother's

Who Do You Want

That's right, this year I'm asking who you'd like to have reviewed in "Sounds of the Underground." It doesn't have to be someone nobody knows, but it doesn't have to be "the next big thing either." If you'd like to see an album reviewed here, e-mail me at 103044.2635@compuserve.com and I'll see what I can do.

This article contains the opinions of its author, reporter

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World Party Focuses on "Egyptology"

Band returns with album full of layers and harmonies

review by Chad Greene

On June 17, World Party will release their fifth album titled Egyptology. You might remember the band from the 1990 hit "Put The Message In The Box." After taking some time off for personal reasons (four years of it), the band is back with a great new record.

Lead singer Karl Wallinger is more or less the whole band. He wrote all of the songs and recorded most of it by himself. In preparation for the recording of Egyptology, Wallinger reportedly spent three entire months recording and re-recording "Penny Lane," originally done by the Beatles. Ironically, the song does not appear on the album.

Wallinger started out playing with the Waterboys. When a difference of opinion over the songwriting arose, World Party was started and released an album in 1986. There is no doubt who the main influences on the music of World Party are, and Wallinger doesn't even try to hide it. The combination of the Beatles and Prince are all over this record as they have been in all of World Party's music. This is a perfect combina-

Egyptology starts off with "Is It Time." This song is very pop-oriented, as most of the songs on this album are. "Beautiful Dream," reportedly the first single to be released, is full of great hooks and harmonies that swirl around the melody. "Wondering around with your head full of worry, you look around and you've just been in a hurry, once you had a beautiful dream...do what you want, but you know that you got to do it now."

One of my favorite songs on the album is "Vanity Fair" a song about the vanity that is life. This song is slow with a strong reverb behind a doubled vocal part that picks up into a

wonderfully written pop song and back again. "Vanity fair where all you got to do is stare, plus you got to play unfair...come to vanity town."

"She's The One" is a great romantic piano song. A song that could be severely depressing if you just broke up with someone, but also very uplifting when you're with someone you really like. "I was her, she was me, we were wild, we were free, and if there's somebody callin' me on, she's the

Another outstanding track on the album is "Curse Of The Mummy's Tomb." A song that starts off with a nice acappella vocal arrangement and leads into another pop song. Although it took me awhile to really start to like this song, it is one that I always listen to now. "Love Is Best" is another song about relationships, with great harmonies and lyrics. "We were safe, now we are sorry....now I know that love is best."

"Rolling Off A Log" shows some nice string instrument arrangement while "Call Me Up" features a nice break down to just a piano and vocals in the middle of the song without losing the beat, sort of reminiscent of Billy Joel.

Egyptology swarms with harmonies and wonderful vocal arrangements over a layered musical score that is full of fabulous hooks and grooves. The Beatles influence in this album is so blatant that there is no way to miss it, and unlike most bands World Party does justice to its musical influences.

On the whole this is a solid album that is worth the money. I don't think that anything on here is going to be a radio hit anytime soon but that doesn't mean that the album isn't better than most "hit" music.

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"Lost World" One Big Comic Book to Spielberg

review by Joel Stevens

Ferocious dinosaurs stomp and screech in high pitched wails as the ground quakes and trees tumble in their paths. Humans scatter and flee in fear, still managing a nice one-liner here and there. These are the typical scenes in Steven Spielberg's sequel to the 1993 "Jurassic Park", "The Lost World." The film revels in the same science fiction as the first film without attempting to give anything new.

Spielberg sees "The Lost World" as one big comic book, like a Saturday afternoon matinee or a late night drive in monster movie. The plot, which is not as different as one might expect of a sequel, revolves around John Hammond (Richard Attenborough), the entrepreneurial capitalist from "Jurassic

Park". Hammond decides to send yet another team to another island inhabited by more dangerous, less confined dinosaurs.

"The Lost World's" new team consists of mathematician, Ian Malcolm (played by Jeff Goldblum), paleontologist Sarah Harding (played by Julianne Moore) and videographer/ eco-terrorist, Nick Van Owen (Vince Vaghn). On the island, Malcolm and the others find the dinosaurs as violent and shocking to look at as in the first film. That's just the thing, there is nothing new to look at in this film. It's the same old dinosaur chomping and ground shaking action with lots of oohs and ahs, only with new semi-interesting characters.

"The Lost World" does have the smash up cliffhanger action the first film lacked. The action and special effects of this film set it apart from its predecessor. While Malcolm,



Stunned scientists look on as stegosaurs run wild on Site B, the "Lost World" of Steven Spielberg's latest dinosaur thriller.

Sarah, Nick and Malcolm's stowaway daughter Kelly photograph and monitor the dinosaurs, a dual plot crosses their path. Hammond's obnoxious nephew (Arliss Howard) funds a team led by a big game hunter Roland Tembo (Pete Postlethwaite) to try to capture and, get this, take a T-Rex back to America as an amusement park attraction.

I'm not sure why I have an easier time accepting the existence of dinosaurs than I do the cardboard cut-out characters in "The Lost World". It probably has something to do with the fact that not one of these characters seems real enough to believe in or even care about. Why is Ian Malcolm a good choice for this expedition? His wry wit, comic sarcasm and deadpan don't seem a prerequisite in dealing with dinosaurs. He is actually a mathematician, not a paleontologist. Why

would his character have any greater insight than anyone else? Because it makes a good film, that's why. That is the problem with "The Lost World", it doesn't feel like anything other than a staged melodrama where we know the plot.

Sure the effects are amazing. The raptors, T-Rex and tiny chicken sized Compsognathus dinosaurs all leap off the screen and attack with viscous three dimensional punch. In a scene where Moore's character is pursued by raptors, she turns one against the other and must roll and dodge as the two duel for their prey. This is a fascinating

scene between dinosaur and human that the movie has far too few of.

Other than those few scenes where the cast does mingle with the dinosaurs,

they feel distant like animontronic creatures in an amusement park ride. That is the beauty and major problem of "The Lost World", it can feel, look and seem entirely like what it is not-a good movie.





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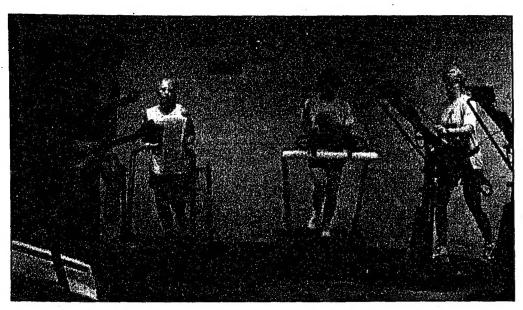
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Women's Health Week Is Born

by Jonathan Pelphrey

The Women's Health and Wellness Week kicks off its first year Monday with luncheon lectures and a walk with Chancellor Belck. The week-long program is the result of a year of planning, according to Joann Eickhoff-Shemek, professor of health, physical education and recreation and faculty program coordinator.

Eickhoff-Shemek, who is also a member of the Chancellor's Commission on the Status of Women (CCSW), said she thought of the idea of a health program for women more than a year ago and brought it up to one of her graduate stu-

see HEALTH WEEK, page 4A

Many Women Still Unaware of 'Morning-after' Contraception

by Jonathan Pelphrey

There are still many women, according to Kathy Tollefsrud, education director at Planned Parenthood of Omaha-Council Bluffs, who believe that birth control can only be practiced before sex and that after unprotected sex it is too late to do anything about preventing pregnancy. But there are ways to prevent pregnancy after unprotected sex.

Tollefsrud said emergency contraception is relatively unknown, and is "the best-kept secret in the country."

All forms of emergency contraception, or "morning-after" treatment now available in the United States, "prevent either ovulation or implantation," Tollefsrud said. In other words, these contraceptives either prevent a woman's ovaries from releasing eggs (ovulation), thicken the cervical mucus (thus keeping sperm from joining with an egg), or prevent fertilized eggs from implanting in the uterus.

Myra Strother, a physician at the University of Kansas Watkins Health Center, said morning-after treatments are usually very effective. "The method is 75 percent to 99 percent effective, depending on the studies," Strother said. "Most

studies say 99 percent."

Such emergency contraceptives should not be confused with abortion or RU-486 (mifepristone), which "in effect, mimics a miscarriage," Tollefsrud said.

The most common form of emergency contraception is what is popularly referred to as "the morning after pill." Recently the Food and Drug Administration approved a protocol for the use of such pills. Before the FDA decision, women could still get the pills, but the dosages and types of pills used were largely unregulated.

According to the studies done by the FDA, if a woman became pregnant a month or more before and was not aware of it and then took the morning-after pill, there would be no harmful effects. "It will not abort or stop a fetus from growing," Strother said. "If the egg is implanted, this little bit of hormone will not hurt the fetus or harm its growth."

If they were widely used, emergency contraceptives would reduce the number of unintended pregnancies and

see CONTRACEPTION, page 2

Getting In Shape...

Four women, in photo at left, work out at UNO's Health, Physical Education and Recreation building between responsibilities last week. From left, they are Michelle Bobo, Stephanie Olson, Sonia Arora, and jen Johnson.

Got PMS? Exercise!

College Press Service

CARBONDALE, IL-You're cranky. You're bloated. You've got PMS. So

what are you going to do about it?

Instead of heading to the medicine cabinet, try lacing up your running shoes and working out at the gym, suggests a Southern Illinois University researcher.

Kristine Brown, a doctoral student in health education, recently completed a study that points to exercise as cheap and effective relief for premenstrual syndrome. She studied 141 college-age women who were enrolled in a general education class.

After 14 weeks of regular aerobic exercise, 95 percent of new exercisers reported a noticeable decrease in the severity of headaches, tension and anxiety, irritability, lower back pain, constipation and acne.

Those already exercising reported fewer symptoms to begin with and showed no change. The non-exercisers showed a slight increase in symptoms, but it was too small to be statistically significant.

No one knows what causes PMS, Brown says. Leading theories blame hormonal imbalances, but researchers are just beginning to understand a woman's complex chemistry.

Researchers also do not know whether exercise affects the hormones or relieves stress, allowing a woman to cope with PMS symptoms. "My guess is that it does both," Brown says.



Morning-After Options

from CONTRACEPTION, page 1A

induced abortions that occur each year by as much as 50 percent, according to James Trussel and the Office of Population Research at Princeton University.

The term "morning-after pill" is a misleading term, according to Tollefsrud, who noted that Emergency Contraceptive Pills, or ECPs, can be taken up to 72 hours after unprotected sex.

ECPs use the same synthetic hormones (estrogen and progestin) that are found in ordinary birth control pills, but the dosage is altered. Due to this increased dosage, nausea, vomiting, and cramping are likely side-effects. Women who smoke or are at risk of stroke, heart disease or other related problems should use additional caution. Women who smoke are many times more likely to encounter complications while using ECPs, according to data collected by Planned Parenthood.

There is an alternative for women who should avoid estrogen (which is found in many ECPs) — "minipills" do not contain estrogen and are also effective in preventing pregnancy.

ECPs and minipills are both prescription drugs Tollefsrud said, "Even though they are labeled as regular dose contraceptives, it is possible to get them quickly in an emergency." By following proper procedures, any woman can make use of emergency contraceptives.

Emergency Contraception does not protect one from sexually transmitted diseases and should not be relied upon as the sole means of contraception, Tollefsrud said.

Out of 100 women using emergency contraception alone, 25 will become pregnant, according to Planned Parenthood statistics. When used in conjunction with condoms, however, emergency contraception (when necessary) is a "unique and important option that allows women to take greater personal responsibility for the prevention of unintended pregnancy," Tollefsrud said.

Emergency contraception services are not available through UNO's Health Services office, but Ruth Hanon, director of the office, said help can be obtained in the Omaha area at UNMC's Family Health Clinic and Planned Parenthood.

Study: Women Likelier To Be Infected By HIV-Positive Mate

Reuter

SAN FRANCISCO—Women are much more likely than men to be infected by an HIV-positive heterosexual partner, according to a recent study.

Announcing the results of the nation's largest study of heterosexual transmission of HIV, the virus that causes AIDS, researchers at the University of California, San Francisco, found there was a very low rate of infection among heterosexual couples with one HIV-positive partner.

They estimated male-to-female transmission rates at about 9 out of every 10,000 sexual encounters where no condom was used, and said the rate was even lower for female-to-male infections.

Women were about eight times more likely than men to become infected by their HIV-positive partners, said study principal investigator Nancy Padian, UCSF assistant professor of obstetrics, gynecology and reproductive sciences.

The researchers did not say why women were more likely than men to be infected by their partners.

The researchers also found that analsex, lack of condom use, injection drug use and the presence of a sexually transmitted disease (STD) were risk factors in infection.

"We now know many of the risk

factors that affect the likelihood of transmission between infected individuals and their heterosexual partners," Padian said. "Elimination or modification of these factors would result in reduced transmission of HIV."

The results of the UCSF study of northern California heterosexual couples with one HIV-infected partner were published in the August issue of the American Journal of Epidemiology.

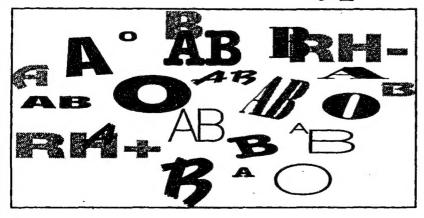
From 1985 to 1995, Padian and research colleagues enrolled 82 HIV-infected women and their male partners and 360 HIV-infected men and their female partners into a study to examine rates of and risk factors for heterosexual transmission of HIV.

While no new HIV transmissions occurred during the course of the study, 68 women and two men were infected by their HIV-positive partners before the study began.

The UCSF study showed that a history of STDs and injection drug use greatly increased HIV transmission risk from the HIV-positive male to his female partner.

Of the 77 HIV-positive male injection drug users, 22 percent transmitted the virus to their partners. Of the 163 women who had an STD, 25 percent became infected.

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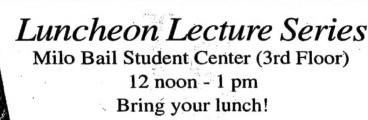
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eptember 29th

Balancing Responsibilities: Family, work, play, etc., Josephine R. Ramos, --State Room

 General Fitness: Fitting it into your daily routine, Rose Shires, -- Gallery Room

Tuesday, September 30th

- Interpersonal Communication Skills Can't we all just get along?,
 Dr. Deborah M. Irvin, State Room
- The 7 Nutritional Habits of Highly Health-Oriented Women, Dr. Kaye Stanek, Jenkins Room

Wednesday, October 1st

- Menopause/Osteoporoses: Conventional/Alternative Treatment, Jackie Tinny, Jenkins Room
- Hurry Up & Relax: Breathing Techniques to Aid Your Lifestyle, Prof. Metal-Corbin, Gallery Room

Thursday, October 2nd

- Financial Management for Women, Rob A. Randeis, State Room
- Out of Harm's Way: Personal Safety & Self Defense Instruction, Mary Larsen, Jenkins Room

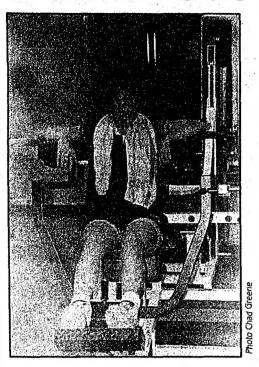
Friday, October 3rd

 Financial Planning for Women, Audra Showalter, Gallery Room

Cash and door prizes will be awarded at each event!

Anyone with special needs who might need assistance gaining access to these events should call HPER at 554-2670

Workin' Out



Noemi Longoria, a UNO sophomore, put one the weight machines in the Health, Physical Education and Recreation Building to the test. Here she takes a breather and waits for another machine.

from page 1

dents, Cherie Minear.

"I thought it would be a great idea to have a health program for women," Eickhoff-Shemek said. She said it seemed like a natural part of the mission of the CCSW.

So, with Minear, Eickhoff-Shemek devised a needs assesment survey to determine what the women of UNO wanted in a health program.

"We asked about 300 faculty and staff and 300 students, all female, about topics and format," she said.

The results were tabulated and presented to the CCSW last spring. They decided to plan a program based on what people said they wanted.

The result has people excited. Eve McClean, director of the Women's Resource Center, said she loves the idea. "I think the whole idea is just great," she said. "A fair like this, designed around the needs of UNO women, is a wonderful idea."

But the Women's Health and Wellness Week as it exists now did not come without planning. Eickhoff-Shemek recruited Kathy Burson and Kathie Deja, grad students in Health Education and Promotion to plan the project as part of their graduate work. They will each receive three credit hours in exchange for planning the event and evaluating response forms filled out at each event.

"We'll look at the data from these forms and the results will be used for recommendations for next year's program," Eickhoff-Shemek said.

The week is not only for women, according to Eickhoff-Shemek. Many of the seminars will be relevant to men as well, and none of the events will be closed to men. Eickhoff-Shemek said the program addressed women's needs first because of the CCSW's focus on women's needs and because the survey was designed to

address the needs of women exclusively. "The Commission surveyed women because it wanted to better serve the women on campus."

Eickhoff-Shemek said this program was something new for the CCSW, which has previously been known mainly for an awards banquet it puts on every year. "We're trying to do some awareness programs to help people make steps to improve their own health," she said.

The week's topics, outlined on page 3 of this insert, were chosen based on the results of the survey, which indicated strong interest in nutrition, fitness, stress management and self-defense.

Eickhoff-Shemek said she looked first to internal resources — people within the UNO community — to find speakers and supporters. "I've bee really pleased with the University community's support for this," she said, "and I would like to see it become an annual event in the fall."

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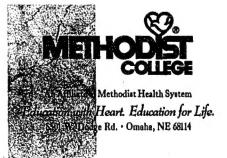
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